

Fertility Treatments

Fertility treatments are medical ways to help a pregnancy happen when it is difficult for a person or couple to become pregnant on their own. There are different types of fertility treatments that all work in different ways to help the sperm and egg come together or to support a pregnancy. There are many reasons why someone may use fertility treatments, which could include medical conditions, age-related changes, or differences in how bodies work. Families can be formed in many different ways, including the use of fertility treatment.

Types of Fertility Treatments	Explanation
Medication/Hormone Therapy	Different medications can help the body release eggs from the ovaries or support the early stages of pregnancy.
Intrauterine insemination (IUI)	IUI is when a medical provider uses a small tube to place sperm directly into the uterus. This helps the sperm get closer to the egg. Fertilization still happens inside the body.
In vitro fertilization (IVF)	IVF is when eggs are taken from the ovaries by a provider and combined with sperm in a lab to create an embryo. The embryo is then placed in the uterus. This means that fertilization happens outside of the body, and then the pregnancy grows inside the uterus.
Donor eggs or donor sperm	There are times when people may use eggs or sperm from another person. These are then combined to try to create a pregnancy.
Surrogacy	A surrogate is someone who carries another person's embryo in their uterus.

Additional Information about Reproductive Anatomy & Pregnancy: Fertility Treatments

Sources

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